



Mundare School – February 2022

Be brave! Be bold!

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Principal's Message

Over the weekend, we had a glimpse of some beautiful winter weather. I can't really say the same about the entire month of January, I guess we live in hope for warmer days and take advantage of the sunshine when we can. Students are busy catching up with work missed recently with roads being what they were last month. Please help your child out by checking with the student agenda and with the teacher on a regular basis to make sure that your child is all caught up. This month, we have many opportunities to celebrate - Pink Shirt Day, Valentine's Day, 100th Day of School, Yoga – just to mention a few. Before you know it, March will be here! This month, we are going to participate in our final fun skate, and we will have another recreational swim in March. Look for a pizza hot lunch form heading your way soon. As you know, tis the season for surveys. Please send your feedback if you are able. I hope that you have made some plans for the upcoming Family Day long weekend – even if it is a mini-staycation. We need to celebrate when we can. Don't forget to curl up with a good book tonight!

William Korec, MEd
Principal

Positive Referral Winners

Congratulations to Felix in Grade 2 and Isaac in Grade 5 for winning the Positive Referral draw from last month. They celebrated with some personal pizzas this week.

EIPS 2022-23 Division Calendar: Now available!

The official 2022-23 EIPS calendar is now available. The calendar includes important dates during the 2022-23 school year, such as school-closure days, breaks, the first and last day of classes, professional learning days, early dismissal days, plus more. Highlights from the 2022-23 EIPS calendar include:

- *First day of school* – Aug. 30, 2022
- *November break* – November 7-11
- *Christmas break* – December 21 to January 3
- *Second semester starts* – January 31
- *Teachers' Convention* – February 9-10
- *Spring break* – March 24-31
- *Last day of classes* – June 27, 2023

To view the 2022-23 calendar, visit [eips.ca](https://www.eips.ca).

Did you know you can sync the Division calendar to your personal calendar? You can. Simply, visit www.eips.ca/calendar and click on "subscribe to calendar." It's that easy.

Complete the Returning Student Registration: February 1-28

Elk Island Public Schools' (EIPS) returning student registration process is now open. All returning students must complete the online Returning Student Registration Form to confirm their child's enrolment in a school for the upcoming 2022-23 school year. Additionally, students who want to attend a non-designated school need to make that request through the returning student registration process—acceptance is based on available space. **All returning EIPS students are required to complete the form by Feb. 28, 2022.** To access the Returning Student Registration Form, simply log in to the [PowerSchool Parent Portal](#). If you don't have a PowerSchool Parent Portal account, you do need to set one up. For help see: [Create a PowerSchool Parent Portal account](#) For more information contact the school directly.

RELATED INFORMATION:

[Returning Student Registration Process](#)

[Frequently Asked Questions](#)

[EIPS School Boundary Maps](#)

[Closed boundaries 2022-23](#)

[Find my designated school](#)

[Applying to a non-designated school](#)

Kindergarten Registration is Now Open!

Is your child turning five on or before **Dec. 31, 2022**? If so, it's now time to register for kindergarten. To register, simply complete the online registration form at eips.ca/kindergarten. To help families prepare, Elk Island Public Schools has put together an online EIPS Kindergarten Tool kit to make the transition as smooth as possible. The kit includes information on registration, important dates, programming options, what to expect, eligibility, how to find your designated school, transportation and more. Additional information regarding Mundare's kindergarten program: <https://www.mundareschool.ca/programs/kindergarten>

School Council/ School Society

The next Mundare School Advisory Council and School Society will be held on Tuesday March 15th at 6:00 PM on Zoom. This meeting will be focused on school fees for the upcoming school year. Everyone is welcome to attend. If you need a zoom invite, please contact the school.

Counsellor Corner: Zones of Regulation: Big, Little, & Middle

In life, problems are inevitable. As humans, it is our choice as to how we respond to life's problems. This month, students at Mundare School will explore types of problems they may encounter, and what an appropriate response might be. Big problems impact multiple people and have no easy, quick, or pleasant solution. For example, loss of a loved one, or a serious injury. Middle problems can be resolved in an hour to a couple days. This may include getting into a fight with a sibling or receiving a detention. A little problem can be ignored or resolved within a few minutes. Not doing as well as one hoped on a test or someone taking something without asking would be examples. Demonstrating appropriate reactions to the size of the problem generally creates a more positive and a quicker solution. Creating a deeper understanding of our emotional response and the impact it has on others builds our emotional intelligence. So next time you are faced with life's problems, ask yourself, is this problem big, little, or middle and what's an appropriate response?

Counsellor Corner: Zones of Regulation: Wellness Coach

This year we are fortunate to have Wellness Coach, Larissa Regnier, come to our school. She is part of the mental health capacity building initiative funded by the Alberta Health Services. Currently, she is leading two small groups through the Ophelia Project which focuses on building relational skills. She is also in the

Grade 7/8 classroom using the Mental Wellness Basics program. The students will continue learning about mental health, healthy coping skills, and when to seek help if struggling.

Counsellor Corner: Zones of Regulation: Pink T-Shirt Day

On February 23rd, Mundare School will recognize Pink T-shirt Day. This initiative aims to raise awareness on anti-bullying and aims to foster children’s healthy self-esteem. This year students will engage in activities throughout the week to encourage conversation and education on anti-bullying. For more information, including parent resources please visit <https://www.pinkshirtday.ca/>

Tuesday: Students will watch a video of the pink shirt story in classrooms to kick off the week. Students will compete in an anti-bully t-shirt decorating competition. The art will be hung on a clothesline in the school.

Wednesday: School-wide wear a pink t-shirt & story time and chat with Mayor Cheryl Calinoiu

Thursday: Virtual Reading Buddies with an anti-bullying book

Friday: Anti-Bullying Movie

Mundare School Swag



Go to: <https://mundareshool.entripyshops.com/>

Select: style, size and personalize

GO DRAGONS!

Thank you for your support!

Caregiver Education Series

Alberta Health Services is hosting a series of caregiver information sessions focused on ways to support students’ mental health. The sessions are free and geared toward parents, caregivers, teachers, and community members who want to learn more about challenges impacting children and adolescents. This year, session topics include anxiety, ADHD, depression, self-harm, technology, teens and teaching leadership skills, and more. Visit Caregiver Education for the Edmonton

February 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Day 1 Grade 7/8 Comp Day	2 Day 2 ECS Day Early Dismissal Day	3 Day 3	4 Day 4 ECS Day	5
6	7 Day 5 ECS Day	8 Day 6 Grade 7/8 Comp Day	9 Day 1 ECS Day	10 Teachers Convention School closed	11 Teachers Convention School closed	12
13	14 Day 2 ECS Day Valentines Day	15 Day 3 Grade 7/8 Comp Day	16 Day 4 ECS Day 100 th Day of School Yoga @ Lunch	17 Day 5	18 Day 6 Ophelia Project	19
20	21 Family Day School closed	22 Day 1 Grade 7/8 Comp Day	23 Day 2 ECS Day Pink Shirt Day	24 Day 3	25 Day 4 ECS Day Dental Hygienist visit	26
27	28 Day 5 ECS Day					

*Remember to follow our school on Facebook and Twitter and sync our calendar with yours at mundaeschool.ca

